

## Saribung Peak Climbing

<b>Trip code</b>	
<b>Package name</b>	Saribung Peak Climbing
<b>Duration</b>	23
<b>Max. elevation</b>	6328 m
<b>Level</b>	DIFFICULT
<b>Transportation</b>	Domestic flight and Vehicals depending on group size
<b>Accomodation</b>	3***Hotel in Kathmandu and Pokhara , Lodge + Camping twin Sharing Bed Basis during the Trekking and Climbing Session.
<b>Starts at</b>	Kathmandu
<b>Ends at</b>	Kathmandu
<b>Trip route</b>	kathmandu - Pokhara - Jomsom - Kagbeni - Chamnung - Ghilling - Tsarang - Lomanthang - Yara - Ghama Thanti - Namti Kharka - Sarebung Base Camp - Summit - Nagoru - Phu Gaun - Meta - Koto - Kathmandu .
<b>Cost</b>	USD 4,210 per person

## Highlights

- Discover an isolated part of the Mustang region that lies within the Damodar Himal Range
- Highest point of the trek 6,328 meters (saribung Peak)
- Explore the ancient Kingdom of Lo-Manthang & Mysterious Jhong Cave
- Trekking experience through low sub-tropical woods to high alpine rocky terrain
- Upper Jomsom, Upper Mustang, isolated Nar Phu Valley, and Hidden Valley in one excellent adventure
- Get the insights into Tibetan like environment, culture, and people
- Wonderful views of Dhaulagiri, Manaslu, and the Annapurna range
- Take in the striking vistas of Himlung Himal, Nilgiri Himal, Lamjung Himal, Mt. Manaslu, and many other peaks
- Trek in Unique Varieties of Landscape and Un-touch Caves in Himalayas Nepal

## Overview

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**Saribung Peak Climbing is truly an off-the-beaten-path excursion, which adds to its new, untamed, allure, and mystique location, where few people go. This journey is newer and more interesting than many others with a climb up to the magnificent Saribung Peak (6346 m) that lies near the Damodar Mountain Range in a remote section of Mustang and a stone's throw from the Tibetan border.**

The part of the Annapurna Conservation Area, Nepal's largest protected area and home to Mt. Dhaulagiri (8167m), the world's seventh highest mountain. Tukucho Peak (6920m), Nilgiri South (6839m), Yakwakang Peak (6462m), and Damodar Himal (6004m) are among the 6000m+ peaks in the area.

This is considered a challenging expedition that takes you over an otherworldly landscape of sculpted canyons, surreal rock formations, medieval villages, ruined fortresses, Tibetan Buddhist gompas, soaring snow peaks, and distinct Himalayan cultures. Upper Jomsom, the restricted region of Upper Mustang, strikingly beautiful Nar Phu Valley, and the lonely Hidden Valley are all included in one excellent adventure.

In addition, this newly discovered trekking route crosses challenging Saribung Pass (6042 m), which is one of the highest passes in Nepal. The trail to the pass is surely not easy, but the views you will get to see from the top of this pass are truly rewarding. You will be rewarded with breathtaking views of Himlung Himal (7126m), Nilgiri Himal (7061m), Lamjung Himal (6983m), Mt. Manaslu (8163m), and Annapurna II (7937m) from the summit of Saribung Peak.

## Trip Itinerary

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### **Day 1 : Arrival in Kathmandu – Transfer to Hotel, and getting to know Nature Trail (1350m)**

Upon our arrival in the Tribhuvan International Airport (TIA) in Kathmandu, you will be greeted by a representative from Nature Trail who will drop you off at your hotel. After checking in, take a rest. You may also stroll in the streets of Thamel, a tourist hub in Kathmandu for some souvenir shopping.

Overnight in Kathmandu.

## **Day 2 : Kathmandu Sight-seeing and trek preparation**

After breakfast the day will start to your guided trip to cultural world heritage sites in Kathmandu valley; including visits to the pilgrimage sites of Hindus Pashupatinath temple, the world biggest Bouddhanath Stupa, visit Swoyambhunath Stupa also known as monkey temple and historical Kathmandu Durbar Square with temple, unique architectures and Kumari (living goddess) in central Kathmandu. Evening pre-trip discussion and introduce with our fellow trekking & Climbing staff for your adventure trip.

## **Day 3 : Fly to Pokhara 200km - 30 min**

After breakfast drive to Tribhuvan International Airport to catch up a flight from Kathmandu to Pokhara. After 30 minutes in flight you will reach at Pokhara, the third largest city of Nepal and also the headquarters of Kaski District. It is one of the main tourist attraction centers. You can have a walk in the streets of lakeside of at the evening time. Overnight stay at hotel.

## **Day 4 : Fly to Jomsom and Trek to Kagbeni 2810m - 25 min flight / 4 hrs walk**

After breakfast catch up a morning flight to Jomsom, a super scenic flight of 20 minutes brings you at Jomsom, the district headquarter of Mustang. From Jomsom your trek continues on the gradual and windy path on the Kali Gandaki river bed for about 3 hrs and finally reaching at Ekley-bhatti village. After good stop here an hour of easy walk reaches you to Kagbeni, which lies at the bank of two rivers.

Kagbeni, an interesting wind swept villages situated on the main age old Trans Himalayan salt trade route to Tibet via Upper Mustang area. In Kagbeni a major tributary, Kak Khola, coming from Muktinath, meets Mustang Khola, and from there the river is called the Kali Gandaki.

## **Day 5 : Trek to Chhomng 2910m - 4 hrs walk**

Your journey starts with a special permit checkup and onwards to the riverbank of Kaligandaki up stream. During the walk we have scenic picturesque place to stop through the sandy and windy trails. This trails follows the up and downhill. After 6 hours trek, we will end our day trek in Chhomnang. Chhomnang is a populated locality and is located in Dhaulagiri Zone.

## **Day 6 : Trek to Ghiling 3510m - 6 hrs walk**

Trek from Chhomnang to Giling (3510 m.) which takes about six hours. The trail climbs gently from Shyangmochen and you enter another huge valley before descending to Giling with its extensive fields of barley. As in all the settlements of Mustang, the white and ochre-painted houses are

constructed using mud and stones, with roofs made of twigs, straw and a mixture of mud and pebbles.

### **Day 7 : Trek to Tsarang 3620m - 7 hrs walk**

Trek from Giling to Tsarang (3620 m.) via Ghami which takes about eight hours. From Giling the trail climbs gently through fields, up the center of the valley, passing above the settlement of Tama Gun and an imposing chorten. You then begin a taxing climb across the head of the valley to the Nyi La [3840m]. The right trail is the direct route to Charang, the left trail leads to Ghami. Ghami is a large white-washed village sheltered by overhanging cliffs. While Treking from Ghami to Tsarang, much of your energy will be spent negotiating loose, dry soil. However, the magnificent views of the countryside, from the gentle contours of the north to the rugged mountains in the east and west, are a source of inspiration. Finally, you come to Tsarang, a large spread-out village at the top of the Tsarang Chu canyon. At the eastern end of the village are a huge dzong [fortress] and a red gumpa which houses an excellent collection of statues and thangkas.

### **Day 8 : Trek to Lomanthang 3700m - 6 hrs walk**

You will leave the Charang Khola and climb the ridge to 3800m for our first view of the walled city of Lo Manthang. You will spend part of the morning exploring the interesting village of Tsarang and its large monastery, before setting out for Lo Manthang. You climb gently above the valley to a large isolated chorten that marks the boundary between Charang and Lo. The trail then broadens and eventually you get your first view of the walled city of Lo Manthang. The city has only one entrance so you circumambulate the wall to the gate on the north east corner.

### **Day 9 : Acclimatization & Rest day in Lomanthang 3700m**

Acclimatization is an integral part of any trekking adventure. We start our acclimatization in Lo-Manthang for the day. There is an opportunity to hike at various points in this acclimatization process.

We can take up a 2-3 hours hike towards Namgyal Monastery. You can also explore the three significant gompas around Lo Manthang. The recently renovated monasteries of Jhampa, Thupchen, and Chhoeda are the highlight of the hike.

Furthermore, you can also explore the unique culture, lifestyle, and traditions of the Forbidden Mustang Kingdom. We will return to our teahouses in the evening and stay overnight.

### **Day 10 : Trek to Yara 3900m - 6 hrs walk**

After breakfast, we start our trek from Lo-Manthang as we follow a gradual trail that ascends towards the village of Dhi. From Dhi, we descend and cross a small stream and then do a steep uphill climb to Yara.

The 2500 old magical caves in the high stone walls along the trail will enchant you. We explore the region further and stay overnight at a teahouse in Yara.

### **Day 11 : Trek to Luri Cave 4050m - 5 hrs walk**

After breakfast, we start our trek along the easy trail. The trail ascends gradually towards the Luri Gumpa and the other two monasteries. We visit the Luri Cave as well, which lies below the monastery.

The 15th century Luri Cave Monastery is an ancient and famous cave monastery in the Mustang region. There are many vital arts, artifacts, images, and statues of Protectors and deities in the monastery. We will explore the cave monastery and stay overnight at tent.

### **Day 12 : Trek to Ghuma Thanti 4610m - 5 hrs walk**

After breakfast, we start trekking on a descending trail that passes through the gorge and leads us to the Ghuma Thanti. The up and down trail passes through pasture grounds and hilltops.

We can observe the majestic views of Mt. Dhaulagiri from the viewpoint. The trail then ascends towards a pass at 4920 meters and then descends to Ghuma Thanti. Ghuma Thanti is a shelter for Buddhist pilgrims making their pilgrimage to the Damodar Kunda Lakes. We stay overnight in a tent in Ghuma Thanti.

### **Day 13 : Trek to Namta Khola 4800m - 6 hrs walk**

After breakfast, we start our trek from Ghuma Thanti as we climb up a pass at 5320 meters. We can observe the magnificent views of Annapurna, and Dhaulagiri mountain ranges from the pass.

The trail then leads us to Parche Khola, and we climb further to a pass at 5480 meters. We continue our path overlooking the Damodar Himal and observe a Hindu shrine and an ancient Buddhist Chorten. After trekking for a few hours, we arrive at Namta Khola, where we stay overnight at Tented.

### **Day 14 : Trek to Saribung Base Camp 4960m - 5 hrs walk**

we start our trek to Saribung Base Camp from Namta Khola. We gradually ascend towards the high altitude region passing through alpine vegetation and Tibetan Plateau like landscapes before we arrive at Saribung Base Camp.

Our sherpa guides will help us to set up our tents. We also need to check our health conditions and necessary climbing equipment for the climbing expedition. After completing our preparation, we stay overnight at a tent in the base camp.

### **Day 15 : Acclimatization and Pre training in Saribung Base camp**

After breakfast, our climbing expert sherpa train you about peak climbing and sharing how to use mountaineering gear on over there. Boosting your confident level how to walk on ice as well.

Well, We acclimatize at the base camp as it is essential for staying fit and tackling the problem of altitude sickness. This eventually helps you in the successful summit of the Saribung Peak.

For acclimatization we explore around the surrounding hills around the base camp. It is important to acclimatize during the expedition to successfully climb the Saribung Peak.

We stay overnight at our tent in the base camp.

### **Day 16 : Trek to High Camp 5740m - 4 hrs walk**

We leave the base camp gradually and follow the uphill trail to arrive at Saribung Base Camp I. The trails are icy and covered in snow. You might need to use crampons at some slippery sections. It can be a tiring trek, and thus resting and hydrating regularly is essential.

The incredible views of the Khumjunggar Himal and Damodar Himal will enchant you. We will then find a good camping site at Camp I and set up our camps with the help of our Sherpa crew. We continue with our preparations for Saribung Peak climbing and stay overnight at the tent.

### **Day 17 : Saribung peak Summit day 6328m - 8 hrs walk**

Today the Big day, we start our main goal of Saribung Peak climbing. We get equipped with proper climbing gear and equipment. After complete acclimatization and planning, we start our climb of the spectacular peak.

One important thing to consider is that we should start early as the strong afternoon winds make it difficult for the summit climb after midday. Experienced veteran climbing experts will guide and help you during the climb to the summit of Saribung Peak.

After arriving at the mountain, we can observe the incredible views of the high Himalayan peaks, including Himlung, Bhrikuti, Gyajikang, and others. We spend quality time at the top and take incredible pictures before descending back to the base camp. We stay overnight at a tent in the base camp.

### **Day 18 : Trek to Nagoru 5250m - 5 hrs walk**

After the successful summit of the Saribung Peak, we descend towards the Saribung Pass (6020 meters). The trail descends rapidly towards a small stream. We follow the path and arrive at Nagoru after the trek of some hours. We stay overnight at a tent in Nagoru.

### **Day 19 : Trek to Phu Gaun 4090m - 6 hrs walk**

We continue our trek to Phu Gaon from Nagoru following the trail that passes through the Lama, Gurung, and Ghale village settlements. The incredible views of the mountain peaks and high valleys will spellbind you.

We then enter different valleys and explore the cultural and natural diversity as we trail towards the settlement of Phu village. Phu is an ancient village which is more than 800 years old.

We explore the Phu village in the evening and take incredible pictures of the place. There we can find the famous Tashi Lhakhang Monastery built by Karmapa Rinpoche. We stay overnight at a tent in Phu Gaon.

### **Day 20 : Trek to Meta 3560m - 5 hrs walk**

After breakfast, we start trekking from Phu village to Meta as the trail crosses a suspension bridge, deserted buildings, and chorten. The trail then descends towards Kyang.

We pass an eroded section of moraine and the pristine Mruju Khola formed from the Lyapche Glacier. The incredible views of Annapurna II and Lamjung Himal along the trail to Meta will spellbind you. We stay overnight at a Teahouse or Lodge in Meta.

### **Day 21 : Trek to Koto 2650m - 5 hrs walk**

After breakfast, we start our trek to Koto from Meta. The trail then descends beneath the valley towards the stone huts of Singenge and then pass through dense forests.

We will then cross a suspension bridge over Seti Khola, and then we climb towards the Koto village. There we can observe the traditional stone gate and a checkpoint where we complete all our formalities and our registration. We stay overnight at a Teahouse or Lodge in Koto.

### **Day 22 : Drive to Kathmandu via Besisahar - 10 hrs drive**

After breakfast, we start our drive to Koto back to Kathmandu via Besi Shahr. The scenic drive takes us to the winding hilly roads as we observe the terraced farmlands and dense forest.

We also observe the majestic views of Annapurna, Manaslu, and Ganesh Himal ranges. The unique shops and settlements along the highway will enchant you. We arrive at Kathmandu after a drive of 5-6 hours and stay overnight at a hotel.

### **Day 23 : Departure to Homeland**

This will be the last day for staying in Nepal. Approximately 3 hours before your scheduled flight a representative from Nature Trail will transfer you to the airport. On your way home you'll have plenty of memories of the adventure done in Nepal.

## **Inclusions**

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### **What is included?**

Arrival and departure transfer services for Airport – Hotel – airport.

Domestic flight ( Kathmandu - Pokhara - Jomsom ), Drive from Koto - Kathmandu

Hotel accommodation in Kathmandu and Pokhara including breakfast as per itinerary.

Trekking Lodge/teahouse and tented accommodation during trekking and climbing session

Professional Trekking Guide and 2 guests 1 Trekking Porter

Very Professional Climbing Guide and Leader with trained in wilderness first aid.

Trekking staff foods, accommodations, salary, insurance

All meal (Lunch , dinner and Breakfast) during the Trek with 3 tea/coffee every single day prepared by our cook and staff

Specials Trekking Permits(500\$) per person & Climbing Permit (125\$), Garbage deposit (500\$)

Camping Equipment Utensils: EPI Gus, Gas stove or fuel stove for cooking, fuel or Kerosene oil, cooking pots, mattress, walkie talkie (talkback) etc.

Staff salary and allowance: climbing staffs and porters daily: wages/equipment/food/clothing/insurance

High Altitude Tents: North FaceDome Tent Space for two pax. Wall/cabin tent for dining and kitchen, etc.

Base Camp / High Camp Lodging & Foodservice: chocolate and Three Meals (Breakfast, Lunch and dinner) a day for members and staff.

Drinks and Beverages for climbing: Tea with cookies and hot drinking water during the climbing period and Hot Washing water in case required.

Fixing Gear: fix rope, main rope, snow bar, ice crew, rock pitons as well as Heli Rescue/charter Arrangement.

### **What isn't included?**

Lunch and Dinner during your stay in Kathmandu (except Breakfast ).

Any packed food/snacks, aerated drinks, energy drinks, mineral water, alcohol, cigarettes, chocolates, health bars.

Items of personal nature - laundry expenses, tips.

Rescues, repatriation, medicines, medical tests, and hospitalization expenses.

Medical insurance and emergency rescue evacuation if required.

Travel insurance and helicopter rescue.

Airfare of international flights.

Nepal entry visa fee (easy to obtain the visa on arrival at Tribhuvan International Airport – Kathmandu). \$25 USD for 15-day visa.

Personal climbing gear.

Tips, gifts, souvenirs.

Tips for the guide, porter, and driver (tipping is expected)

### **Complimentary**