



Ladakh & Nubra Valley Over Khardung La

Trip code	
Package name	Ladakh & Nubra Valley Over Khardung La
Duration	11
Max. elevation	5496 m
Level	MODERATE
Transportation	All grounded vehicals depending on group size.
Accomodation	Hotel and Lodge twin sharing bed basis during the Tour.
Starts at	Kyagar
Ends at	Morobuk
Trip route	Delhi - Leh - Thiksey - Khandrung la - Kyagar - Skarchen - Hundur Duk - Thanglango - Lasermola Base Camp - Pyang Sumdo village - Mmomobuk - Leh - Delhi
Cost	USD 1,850 per person

Highlights

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- Cross two high mountain passes like Khardung La and Lasermo La.
- Witness and ride one of a kind camel species in the world –
- Bactrian camel.
- Walk past some of the finest gorges and lush high meadows.

Overview

Passing through Khardung La, which is world's highest motorable road, the Nubra Valley Trek breaks open to a beautiful topography that was once was a part of a trade route between India, Tibet and Central Asia.

Nubra valley is one of the beautiful valleys in the Ladakh region. The valley is also often dubbed as "Valley of Flowers" and during the peak season it blossoms with varied colours flowers. Nubra Valley Trek is one of the moderate to challenging treks in Ladakh region that allow exploration of coloured steep and barren walls, remote villages and Gompas. The major attractions on this trek in Ladakh region are monasteries like Shey Gompa, which is approximately 15 kilometers away from Leh; Thiksey Gompa, which is at a distance of about 17 kilometers away from Leh and Hemis, which is situated 45 kms away from Leh and is ofcourse one of the most popular monasteries in Ladakh region. Further the journey proceeds to the unread lore of a culture hiding within the barren topography. One can explore the remote villages like the Khardung, Khalsar, Agyam, Khalsar, Tirit, Lukung, Tegar, Sumur and Diskit. Trek past barley fields, along streams and rivers in deep gorges, and through verdant valleys and meadows filled with wildflowers. One can observe inconceivably beautiful views of neighboring mountain ranges from high vantage points: the Khardung La Pass (17, 582') and the Lasermo La Pass (17, 716'). As well learn about the Buddhist culture with visits to the ancient monasteries of Ladakh. Beside that exploring the culture and tradition of the people around this valley is much exciting and fun factor.

Trip Itinerary

Day 1 : Delhi – Leh (Complete Rest in Leh for acclimatization)

Arrive at Delhi and take a flight to Leh. This is undoubtedly one of the most spectacular one-hour journeys on earth as the Airbus flies out of the scorching Indian plains over a virtual sea of snowcapped Himalayan peaks before landing at the ancient city of Leh in the Indus River Valley. Situated at an altitude of nearly 12,000 feet in elevation, Leh is in stark and spectacular contrast to the urban intensity of New Delhi. Because of the early arrival as well as the dramatic elevation gain, your first day in Ladakh will be a restful, easy one. You may wish to stroll in the Leh bazaar, where there are many shops selling Ladakhi, Tibetan, and Kashmiri goods. Overnight stay in the hotel.

Day 2 : Leh – Shey – Thiksey – Hemis

Today after breakfast explore the Monasteries of Ladakh. We will visit some of the nearby monasteries including Shey Gompa & Thiskey Gompa and Hemis. Thiskey Gompa is over 600 years old, and is home to the largest Buddha figure in Ladakh, as well as 80 Buddhist monks. The monastery is considered to be one of the most beautiful in Ladakh and belongs to the Gelukspa order. The Shey Gompa is almost 400 years old and is this most well-known for its massive Shakyamuni Buddha, a 40 foot high statue. Shey Gompa also has some exquisite murals. It used to be the summer palace of the kings of Ladakh. There are lots of Stupas and Gompas built around the palace. Shey palace was built by Deldan Namgyal in the beginning of 17th century AD. Hemis, about 45 kms south of Leh it is one of the most famous and largest

monastery in Ladakh. It belongs to the Drukpa order and was founded in the early 17th century. The setting is perfect with the monastery cradled in a lovely valley, surrounded by streams and fronted by long Mani walls. Overnight stay at the guest house.

Day 3 : Leh – Khardung La – Kyagar

Today we drive about 4.5 hours to Kyagar Villag across Khardungla Pass (5596m/18,360?) to the wide and fertile Nubra valley. Khardungla Pass is the highest motorable pass in the world. Along the journey we will stop for many photos and visit the hot springs at Panamic and walk up to Samstaling monastery, a 150 year old complex with seven temples, an amazing collection of thangkhas and restored frescoes. This monastery has the distinction of being inaugurated by the Dalai Lama in 1962 .We will spend this night in a hotel.

Day 4 : Trek to Skarchen (12,500?)

Today after breakfast, gear up and start trekking. Enroute visit the villages of Deskit, with its quaint little monastery atop the hill. After that we begin our trek from Hundar bridge, the trail follows the river on a wide dirt track. The landscape is spectacular as we continue along an impressive gorge. The trail becomes narrow and steep at Dzongpa (an hour from Hundar) and continues so along a side valley until it opens out at the highest point between Hundar and Skarchen. We then descend and continue along the river to reach camp at Skarchen (approximately 12,500 feet) at the confluence of two streams in the gorge. The day concludes with the 4-5 hours trekking. Overnight stay in camp at the river side.

Day 5 : Trek to Hundar Dok (13,200?) – Sniu Sumdo Valley (14,400?)

After breakfast continue trekking along the river in the gorge for about two hours, passing below Wacham Village (a tiny settlement of two families). The trail then climbs steeply for about 20 minutes to Dok Yogma, a small village of five to six households. We walk past their barley fields and follow a good path to the village of Hundar Dok, a scenic village with plantations, barley fields and flowers. Our camp is in the village close to the river and we reach it by lunch. And then we will continue our trekking towards the Sniu Sumdo valley. Overnight stay in the Camp.

Day 6 : Trek to Thanglasgo

Today we descend to the junction of the Thanglasgo and Sniu Sumdo Valleys. Descend gradually across pastures studded with wildflowers, following a stream for another 4 – 5 hours to camp at Thanglasgo. During the summer months, shepherds bring their sheep, yaks and Dzomos for grazing. There are temporary huts here and there is a tradition that just 2 -3 families from the village of Hundar Dok come here every summer with the animals of all the villagers for grazing. While here, they make cheese and butter for the villagers. They stay here until the end of August or September, and then return to their village for the harvesting season. After reaching Thanglasgo we will settle camp and stay overnight in camp.

Day 7 : Trek to Lasermola Base Camp

Today we follow the river upstream on a well-defined path in this high and beautiful valley of meadows. Yaks and Dzomos can be seen grazing around these large meadows by the glistening streams. We climb gradually until we reach camp at the base of Lasermola (15,750 feet), our highest camp. The snow bound Lasermola can be seen from camp. Today we will trek for 4-5 hrs. Upon arrival to Lasermola Base camp, we will explore the view of the mountains and refreshment by the fresh air. Overnight stay in camp.

Day 8 : Trek to Phyang Sumdo village

Leaving the pastures we keep climbing to the snow line and moraine until we reach the top of the Lasermola Pass (17,700 feet)—taking approximately 2 – 3 hours to reach the top. At the pass we are rewarded with excellent views of the Karakoram Mountains and Ladakh and Zaskar ranges of mountains and the valleys on both sides. For those who are still not tired, they can continue a little higher from the pass for better views. There will be snow at the pass and we will need to leave camp very early in the morning to make the crossing easier for the animals. From the pass, you descend the Phyang Valley to camp at Phyang Sumdo at 14,800 feet. Today we will trek for around 9 hours.

Day 9 : Trek to Morobuk. Drive to Leh.

On the final day of our trek we descend to Morobuk pastures and then to the village of Phyang. We will enjoy wonderful views of the Stok mountain range today. Our vehicles will meet us at the road head, and we then drive through the village of Phyang. We will make a short stop at the monastery here before continuing to Leh. We will arrive in Leh by early afternoon where we can enjoy showers and a nice dinner to celebrate the end of the trek. Take a rest in the majestic Leh and overnight stay in hotel.

Day 10 : Leh to Delhi (By flight)

After breakfast in the morning, drive to the airport for the flight to Delhi. Upon arrival to Delhi, check in to hotel. After refreshing yourself, visit sightseeing tour of regal Red fort, Jama Masjid, India Gate – The War Memorial, Qutub Minar, Lotus Temple (also known as Bahai Temple) and Humayun's tomb. Overnight stay in the luxurious hotel.

Day 11 : Departure

Today you will be transferred to the international airport as per your flight schedule for the flight to onward destination.

Inclusions

What is included?

Accommodation in Hotel and Lodge + camping twin sharing bed basis during the trek.

All Transportation AC / Qulise, Innova / Xylo / Mini Tourist Bus

Guide/ leader (Experienced Tour and Trek Guide will lead the tour).

All monument fees, Permit arrangement, All taxes

All meals (lunch, Dinner and Breakfast) during the trek.

Basis medical kit.

What isn't included?

Entry Visa fees India.

Travel and medical insurance.

Personal expenses (laundry, bar bills, snacks, phone calls, internet.)

Tips for guide and driver (tipping is expected)

Loss, theft or damage to baggage and personal effects. (We strongly advise you to get personal travel insurance.)

Complimentary