

Ghalegaon Trek

Trip code	
Package name	Ghalegaon Trek
Duration	6
Max. elevation	2100 m
Level	EASY
Transportation	Kathmandu - Besisahar - KHudi - Besisahar -Kathmndu drive by private Car.
Accomodation	Hotel and Lodge + Homestay twin sharing bed basis during the trek
Starts at	Kathmandu/Besisahar
Ends at	Besisahar/Kathmandu
Trip route	Kathmandu - Besisahar - Khudi - Ghalegoun - Bhujung - Khudi - Besisahar - Kathmandu .
Cost	USD 550 per person

Highlights

- One of the best villages in Nepal as well as South Asia to experience local homestay.
- Cultural experience of Gurung , Thamu and Ghale peoples.
- Short and easy trek in lower altitude.
- An Exotic pristine village endowed with an unparallel scenic grandeur.
- Asia model tourism village.

Overview

Ghalegaon is a popular new short trek which offers unique culture of the Gurung indigenous people as well as spectacular views of Mountain panorama. During this journey, you can explore the traditional cultural dances and other activities that are almost extinct elsewhere in the country.

Ghalegaun is situated at the height of 2,095 meters. Though being a newly opened trail, this trek has been famous among the trekkers because of the outlets it provides to its visitors. You can experience unique lifestyles of Gurung (the world- famous Gorkha soldiers) along with the panoramic views of the mountains. Traditional cultural dances and other activities that are almost extinct elsewhere in the country are still alive in this village. Visitors can also visit the honey hunting sites in Ghanpokhara which is another village, about 100m above the Ghalegaun with beautiful views of Mountains. The area has green pastures of grasslands and rich in fauna including medicinal herbs, rhododendron forest. Various kinds of Himalayan birds and wild animals are also found here.

This trekking route is located in the northwest of the Annapurna Trail, one of the most famous and crowded trekking route of Nepal. The route splits from Khudi and leads to the beautiful, traditional village of Ghalegaun, which is located at an altitude of 2020meters above sea level. The trail leads you through the forest of rhododendron flowers, past waterfalls, and through many more traditional villages along the way. You will have a very pleasant walk in this route. You will have majestic views of the Himalayas, such as Machhapuchhre(6693m) Annapurna II (7939m), Annapurna(8091m), Annapurna IV (7525m), Lamjung Himal, Himalchuli (6747m), Bouddha Himal (6974m) and many more snowy mountains. Within your stay, you can enjoy the locals performing old cultural dances such as Jyaure, Serka, Dohori, Ghatu, Sorathi, Jankri etc. on various occasions by using different musical instruments along with traditional, unique dress. This trip grants you perfect memories of traditional cultures with their warm hospitality as well as memories of the great views of the Himalayas, which will remain in your heart throughout the rest of your life.

We will start our trip from a drive from Kathmandu to Besisahar and start our trek from Khudi. From Besisahar, you can be rolled towards the winding road uphill dotted with the agriculture farm. As you go up, you will see an array of snow peaks crowned with nature and beauty that left breathless, felt like all Himalayan giants are lined up for the cameras to get captured. Khudi is a small village and starting point of Annapurna Circuit. The trek goes flat way crossing over the Marshyangdi, Khudi and Midim rivers; passing through rhododendrons blossoming along the way amidst the chirping of birds and wild insects. The lanes of roads are stone paved and clean. One can feel peace and harmony when one will be there. These days everyone is praising the place and also in these few years Ghalegaun has developed tremendously and the home stays. It has attracted many foreign as well as the domestic visitors. fter a nice experience with the traditions, culture of the village life and enjoying the outmost mountain views, return back to Khudi and to Beshishar for the scenic drive back to Kathmandu with memories of the trek.

This trek has owned popularity in short period because of being wonderful Gurung Culture, natural scenery, and enthusiastic of Local peoples to develop as tourist destination. Being just opened its door for foreigners, there are few basic facilities in the Lodge. Local has developed the Home stay facilities simple and clean accommodation, local foods. We offer both home stay and camping trekking.

Trip Itinerary

Day 1 : Drive from Kathmandu to Besisahar (765 m). Overnight at lodge

Early in the morning after breakfast, you will be picked up by our staff from your respective hotel. At first, you will be driven towards west of Kathmandu where you will pass by the local towns and country farm villages until Dumre. Your journey will be followed by Trishuli River until the route diverts from the main road towards north to Besisahar. The highway you travel today i.e. Prithivi Highway is one of the busiest highway of Nepal. You will have excellent view of Mountains, Rivers, Waterfalls and jungles along your drive. After a drive of 7/8 hours you will reach Besisahar. Besisahar is a large town with number of hotels, lodges, shops, restaurants and stores, welcoming tourist cheerfully. You will spend your overnight in one of the hotels of this place.

Day 2 : Drive to Khudi (760 m/2,493 ft) and walk to Ghale Gaon (2095 m) – 4 hrs walk

After breakfast, you will start today's journey with a drive towards northwest of Khudi along the bank of the river. Khudi is a small village with least number of people living around. After reaching Khudi, ascending through the forest and many waterfalls, crossing beautiful villages and landscape we reach Ghale Gaon. If you are a bird lover than it can really be a birdwatcher's paradise since the area holds a tremendous potentiality for watching birds. Ghale Gaon is a beautiful village where Gurung people have been settled since long period of time. These are the major ethnic group of Nepal. They are always ready to welcome their guest in and traditional and hospitable way.

Day 3 : Trek to Ghanpokhara – 30 minute walk and further walk up to Bhujung- 2 hrs walk.

Bhujung is the biggest Gurung village in Nepal. After some rest trek back to Ghanpokhara

Commencing trek from Ghale Gaon, we will walk for about half an hour in order to reach Ghanpokhara. Ghanpokhara is a model village for experiencing the typical culture and lifestyles of the Gurung people. Traditional customs are still followed during births, deaths, marriages and in other rituals. Age old cultural dances like Jyaure, serka, dohori, Ghatu, Sorathi, Jankri etc are performed on various occasions accompanied by different musical instruments and with the dancers in traditional dress. Further walking up to about two hours, we reach Bhujung.

Bhujung is a really interesting and beautiful village with the largest settlement of Gurung people in Lamjung district. This traditional Gurung village is situated high on the mountain at an altitude of 1600 meter. The village is a closely packed cluster of around four hundred houses. This village has emerged as an attractive destination among tourists to observe the traditional Gurung life-style and culture. The main attraction of Bhujung is the same "Bhujung" tribe in the entire village.

Houses are crowded in both sides of a small footpath. The green valley with rice fields is wonderful just down of Bhujung which is very popular for honey hunting. There are a number of honey hunting sites with lots of hives.

After exploring the beautiful Bhujung village and taking some rest over there, we descend back to Ghanpokhara. It is a steep descend for half an hour. Since there is shortage of drinking water so be sure that you carry enough drinking water by yourself. Overnight stay at lodge.

Day 4 : Free day at Ghalegaon for local excursion and activities

One extra day to explore Ghalegaon is worth spending. A beautiful sunrise early in the morning will bring the best day out of it. You can have a breakfast with one of the Gurung family of the village so that you get the chance to mix with the locals and learn and observe their way of life. After breakfast, you can hike to the hill top nearby for better views of the Mountain Panorama. Ghalegaun is probably the only place which commands a superb breathtaking view of majestic western Himalayas including Machhapuchhre(6693m) Annapurna(8091m), Annapurna II (7939m) Annapurna IV (7525m), Lamjung Himal, Boudha Himal((6974m), Himalchuli(6747m) and many more smaller peaks.

After a short hike, visit village museum of Gurung heritage and treasures passed down from old generations to present. At evening, you can walk around the village to explore their traditional lifestyle and interact with the local peoples directly. You can also observe the cultural program which takes place at the village at evening period, where locals perform their traditional songs with traditional dress. Traditional cultural dances and other activities that are almost extinct elsewhere in the country are alive in this village.

Day 5 : Trek from Ghanpokhara to Khudi – 5 hrs walk

After having such a memorable journey of Ghale gaun trek, we trek back through the same route to Khudi. Our trail descends through the small village and forest to the river side. On your way back, you will cherish back all the memories and excitement that you had while trekking to Ghalegaon. We continue our walk along the bank of the river till Khudi where we stop for overnight.

Day 6 : Trek to Besisahar and drive back to Kathmandu

After having breakfast we trek up to Besisahar. Today's walk will be much easier than the previous days with more downhill walk all the way to Besisahar. After arrival at Besisahar, we drive back to Kathmandu. It is beautiful driving along the Prithivi highway which has beautiful scenery. After reaching Kathmandu, you will be transferred to your respective hotels where you will have some rest or explore the area around.

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Inclusions

What is included?

- Airport drop and Pick up in Kathmandu.
- Accommodation in Kathmandu as per your itinerary.
- Drive (Besisahar - Khudi - Besisahar - Kathmandu) by Private Car
- Trekking permits and TIMS (Trekking Information Management System) card.
- Experienced and licensed trekking guide.
- Porter service to carry your luggage (one porter for every two trekkers).
- Accommodation in teahouses or lodges during the trek.
- All meals (breakfast, lunch, and dinner) during the trek.
- Safe drinking water throughout the trek.
- Annapurna Conservation permit fee
- Basic first aid kit.
- Emergency evacuation arrangements (helicopter rescue, if needed).
- Government taxes and service charges.

What isn't included?

- International airfare to and from Kathmandu.
- Nepal entry visa fees.
- Personal travel insurance (covering medical, evacuation, and trip cancellation).
- Extra accommodation and meals in Kathmandu (beyond the itinerary).
- Extra activities or sightseeing not mentioned in the itinerary.
- Personal expenses, such as laundry, phone calls, internet access, etc.
- Additional porters or services if needed.
- Tips for guides, porters, and other staff (tipping is customary in Nepal).
- Any expenses arising due to unforeseen circumstances, such as flight delays, natural disasters, political unrest, etc.

Complimentary